

APC
2011

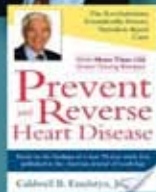
Alumni Association
School of Medicine of Loma Linda University

FEATURED SPEAKER

Caldwell B. Esselstyn, MD

Author of *Prevent and Reverse
Heart Disease*

Sunday, March 6, 8:00 a.m.



FRIDAY EVENING VESPERS

Cal Baptist University

Men's Chorus & Orchestra

with Pastor Saul Barcelo
and SM Students

Friday March 4, 7:00 p.m.



SATURDAY NIGHT PROGRAM

Steven Green with Lamelle Harris
present

"Teach Me to Love"

with the 80-voice multi-faith choir
Saturday Night, March 5, 7:30 pm



"Who Touched Me?"

79th Annual Postgraduate Convention • March 4-7, 2011

www.llusmaa.org

(909) 558-4633

aaconvention@aasmllu.net

General Information

Purpose and Overall Objective

The Annual Postgraduate Convention (APC) is sponsored by the Alumni Association of the School of Medicine of Loma Linda University with the specific purpose of providing quality, evidence-based medical education for a spectrum of specialties. The areas covered this year include anesthesiology, dermatology, general surgery, neurology, nutrition, oncology, ophthalmology, orthopedic surgery, otolaryngology, palliative care, plastic surgery, primary care, psychiatry, and rheumatology. This multi-specialty conference will update the participant's knowledge and skills with the goal to improve the quality of patient care. Topics were carefully chosen based on the needs assessment taken at last year's program and with the advice from each of the departments representing the above specialty which included recent advances in the field, issues of quality assurance and requests from previous attendees. (Individual course objectives will appear in the final program.)

Who Should Attend

- Anesthesiologists
- Cardiologists
- Dietitians
- Emergency Med. Physicians
- Family/Preventive Medicine Physicians
- General Surgeons
- Health Educators
- Internists
- Neurologists
- Nutritionists
- Ophthalmologists
- Orthopaedic Surgeons
- Otolaryngologists
- Pharmacists
- Physician Assts.
- Plastic Surgeons
- Primary Care Physicians
- Psychiatrists
- Radiologists
- Registered Nurses
- Rheumatologists
- Urologists

CE Accreditation

The Loma Linda University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

Loma Linda University School of Medicine designates this continuing medical education activity for a maximum of 19 Category I credit(s)[™] towards the **AMA Physician's Recognition Award**. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. (Additional hours are available for the Cardiology Symposium.)

DISCLOSURE: This program has been planned and implemented in accordance with ACCME essentials and standards. The LLUSM Office of Continuing Medical Education relies on its CME faculty to provide content that is evidence-based and free of commercial bias. Therefore, in accordance with ACCME standards, any faculty and/or provider industry relationships will be disclosed.

Application for CME credit has been filed with the **American Academy of Family Physicians**. **Determination of credit is pending.**

The **California State Board of Registered Nurses** has issued guidelines stating that CMA accredited Category I courses are acceptable toward meeting CE requirements for license renewal by nurses.

American Dietetic Association credit is pending.

APC 2011

About the Cover:

The cover photo depicts a closeup of the head of Christ as he looks back at the faithful woman who touched the hem of his garment (Matt 9:20-22). This larger-than-life sculpture (see inset) was commissioned by Reuben Matiko '45 and created by artist Alan Collins, sculptor of the "Good Samaritan" statue which stands on the Loma Linda University campus mall just south of Magan Hall. The "Who Touched Me?" sculpture, dedicated on Wednesday, October 20, 2010, stands on the northwest lawn of the Centennial Complex. Photo by Dennis E. Park.

Centennial Complex

Headquarters for APC 2011 will be in the Centennial Complex, Level 4, on Stewart Street. This will be the site of APC registration, the technical exhibits & scientific poster session, and many of the scientific lectures. Registration hours: Friday, March 4, 7:00 a.m. - 3:00 p.m.; Sunday, March 6, 7:00 a.m. - 4:00 p.m.; and Monday, March 7, 7:30 a.m. - 3:00 p.m.

The Drayson Center RECREATION & WELLNESS COMPLEX

APC 2011 participants may have complimentary use of the Drayson Center recreational facilities during the convention, March 4-7, 2011. To qualify please present your badge and a picture ID at the Drayson Center Service Desk. You will need to fill out a waiver form.

The following hours are available to you:
Sun - Thur, 5:30 a.m. - 10:00 p.m.
Fri, 5:30 a.m. - 3:30 p.m.

Friday Optional Box-Lunch Symposium

Come and enjoy lunch and earn one additional hour of CME credit on Friday, March 4, from 12:40 - 1:40 p.m., in the Centennial Complex. Hear Ihab Dorotta, MD, Assistant Professor of Anesthesiology, LLUSM, present "The Future of Anesthesia." The cost is \$28.00. You may register for the Box-Lunch Symposium on the APC registration form.

Technical Exhibits & Scientific Poster Session

Visit the Technical Exhibits and Scientific Poster Session on Sunday, March 6, from 10:00 - 3:00 p.m., and Monday, March 7, from 10:00 - 2:00 p.m., in the Centennial Complex, Level 4. By obtaining signatures from participating exhibitors, you will be eligible for a drawing of valuable prizes to be held during the complimentary Physician/Exhibitor Box Lunch on Monday at noon.

Area Accommodations

Please contact the following hotels/motels directly to make your room reservation. In most cases special rates have been arranged. **You should identify yourself as attending the LLU/APC Convention.** Rates may be subject to change and do not include a 10% room tax.

Ayres Hotel (4.69 miles)

1015 W. Colton Avenue, Redlands (909) 335-9024
King/Db. Queen: \$89.00 Hot full cooked to order breakfast. Refrigerator & microwave. Non-smoking facility.

Hilton Garden Inn (2.13 miles)

1755 S. Western Avenue, San Bernardino (909) 806-4040
King/Db. Queen: Thur-Sun \$89.00, Mon-Wed \$99. Full cooked to order Breakfast (\$79 without breakfast). Refrigerator & Microwave.

Hilton San Bernardino (2.01 miles)

285 E. Hospitality Lane, San Bernardino (909) 889-0133 (2/18/10 deadline)
King/2 Full Size: \$99.00. Free Shuttle to campus. Breakfast buffet. Non-smoking rooms.

Loma Linda Inn (.43 miles)

24532 University Avenue, Loma Linda (909) 583-2500
Queen Size/Full Size + Pull-out Couch: \$69.00; 1 block to LLU. Refrigerator & Microwave. Continental Breakfast. Complimentary Shuttle M-F, 7:00 a.m. - 5:30 p.m.

Marriott Fairfield Inn & Suites (1.15 miles)

1041 E. Harriman Pl., San Bernardino (909) 382-4560.
King/Db. Queen \$99.99, Suite \$119.99. Continental breakfast.

Marriott Residence Inn (1.15 miles)

1040 E. Harriman Pl., San Bernardino (909) 382-4564.
Studio or 1 bedroom: \$139.99 (based on length of stay, after 5 nights - \$129.99). Fully stocked kitchen with microwave, fridge & dishwasher. Free hot breakfast buffet every day; free dinner, M-Th.

Life Support Education

Advanced Cardiac Life Support (ACLS) Renewal Course

March 8, 2011, 3:00 p.m. - 10:00 p.m.

Required Material for Course: Current AHA ACLS & BLS Cards and ACLS Manual

Offering 8 CME or CEU Credits for Renewal Course
Course Fee \$100.00 (if alumni). Manual Fee \$38.00
A light supper will be served.

Basic Life Support (BLS) Renewal Course

March 8, 2011 (Can renew with ACLS Course)

Required Material for Course: Current AHA BLS Card & BLS Manual

Course Fee \$36.00 (if alumni)

To register please call:
LLU Life Support Education Department
(909) 558-4977 Ext 0

Wednesday & Thursday March 2 & 3

23rd Annual Cardiology Symposium *Controversies in the Management of Common Cardiac Problems*

Wednesday Afternoon, March 2 Preventive Cardiology

- 1:00 **Welcome and Course Description**
Kenneth Jutzy, MD
- 1:10 **New Insight in Diet and Cardiovascular Disease**
Gary Fraser, MD
- 1:30 **Nonstatin Lipid Lowering Agents: Is There a Role?**
Serena Tonstad, MD
- 2:00 **Blue Zones: What Can We Learn From Them?**
Gary Fraser, MD
- 2:20 **Obesity: Challenges and Options**
Serena Tonstad, MD
- 2:50 **Obesity: Surgical Options**
Stewart Rendon, MD
- 3:10 **Break and Exhibits**

Diagnostic Tools and Management

- 3:40 **Cardiac CT: Appropriate Use, Current Coronary, and Non-Coronary Applications**
Matthew Budoff, MD
- 4:10 **Shortcomings of Framingham Risk Score and Solutions**
Gary Fraser, MD
- 4:30 **Cardiac CT: Radiation Risk and CT Dose Reduction Strategies - Is it Low Enough?**
Matthew Budoff, MD
- 5:00 **Wrap-up and Adjournment**

Thursday, March 3

Mini Symposium on Arrhythmias

- 8:00 **Medical Management of Atrial Fibrillation: How and is it Adequate?**
Vilma Torres, MD
- 8:20 **Role of Catheter Ablation for Atrial Fibrillation and New Insights**
Samuel Asirvatham, MD
- 8:50 **Ventricular Arrhythmias: Size of the Problem and Role of ICD**
Sucha Pai, MD
- 9:10 **Ventricular Tachycardia Ablation: Role and New Directions**
Samuel Asirvatham, MD
- 9:40 **Arrhythmias: Unique Challenges in Adult Congenital Heart Disease**
Ravi Mandapati, MD
- 10:00 **Break and Exhibits**
- 10:20 **New Directions in Heart Failure Therapeutics and Cardiac Transplantation**
Mandeep Mehra, MD
- 10:50 **Heart Failure: Why Treat Aggressively?**
Jagat Narula, MD
- 11:20 **Health Supplements and Nutraceuticals for Cardiovascular Disorders: Is There a Role?**
Mandeep Mehra, MD
- 11:50 **Plaque Characteristics: Clinical Implications for Cardiologists & Interventionists**
Jagat Narula, MD
- 12:20 **Lunch and Exhibits**

CAD Mini Symposium

- 1:20 **How Can Stress Cardiac MRI Add to Assessment of CAD**
Padmini Varadarajan, MD
- 1:40 **Assessment of Myocardium Viability**
Ramdas Pai, MD
- 2:00 **Management Options in Multiple-Vessel Coronary Artery Disease**
Hamid Khan, MD
- 2:20 **New Stent Technologies and Applications**
Kenneth Jutzy, MD
- 2:40 **Antiplatelet Therapy Management Post Stent in Various Clinical Settings**
Anthony Hilliard, MD
- 3:00 **Break and Exhibits**
- 3:30 **Newer Surgical Options in CAD Patient**
Anees Razzouk, MD
- 4:00 **Role of Echo Optimizing Surgical Therapy for CAD**
Ramesh Bansal, MD
- 4:20 **Management of Pulmonary Hypertension in Congestive Heart Disease**
Jeffrey Brand, MD
- 4:40 **Questions and Answers**
- 5:00 **Wrap-up and Adjournment**

Friday, March 4

7:00 A.M. - 3:00 P.M. REGISTRATION
CENTENNIAL COMPLEX, LEVEL 4

Opening Plenary Session—Percy T. Magan Memorial Lectureship

7:45

7:45 - 8:00 **DEVOTIONAL**

8:00 - 8:15 **WELCOME/ANNOUNCEMENTS/SCIENTIFIC POSTER SESSION WINNER ORAL PRESENTATION**

8:15 - 9:15 **Surgical Practice in the Developing World—What the Future Holds**

Bruce Steffes, MD, MBA

1

9:15

Plenary Session II

9:20

Interventional Cardiology: 2011 and Beyond

Anthony A. Hilliard, MD

10

10:20

Plenary Session III

10:25

Palliative Care—It's Not What You Might Think

Gina J. Mohr, MD

20

11:25

Plenary Session IV

11:30

Rheumatologic "Magic Bullets" for Treatment of Autoimmune Diseases

Keith K. Colburn, MD

30

12:30

Optional Box-Lunch Symposium

12:40

The Future of Anesthesia

Ihab R. Dorotta, MD

(Optional Box-Lunch Symposium - \$28.00 for lunch and 1 hour additional CME Credit. Register on the Advance Registration Form.)

1:40

Plenary Session V—Cyril B. Courville Memorial Lectureship

1:45

Cognitive Aging, Dementia, and What Can Be Done About It

A. Dean Sherzai, MD

LLUMC Stroke Center

Sarah Uffindell, MD

3:45

40

Sunday, March 6

7:00 a.m. - 4:00 p.m. Registration—Centennial Complex, Level 4

	Plenary Sessions	Ophthalmology	Orthopaedic Surgery	Otolaryngology	Plastic Surgery
7:45 8:00	7:45 - 8:00 DEVOTIONAL Plenary Session I WALTER E. MACPHERSON MEMORIAL LECTURESHIP Ending the Coronary Heart Disease Epidemic— Making Yourself Heart Attack Proof Caldwell B. Esselstyn, MD	<i>UNDER PRESSURE: GLAUCOMA CARE IN THE 21ST CENTURY</i>	<i>PREVENTIVE TREATMENT OF POST-OPERATIVE COMPLICATIONS</i>	<i>HEAD AND NECK SURGERY</i>	<i>ADVANCED AESTHETIC SURGERY</i>
10:00 10:05	Plenary Session II ROGER W. BARNES MEMORIAL LECTURESHIP Revolutionary Road Pertaining to Cancer Surgery Maheswari Senthil, MD Kidney Transplantation: Trying to Meet the Demands Arvand Elihu, MD Ventral Hernia: From Non-operative Management to Use of Cutting Edge Technology in Mesh Repairs Nephtali R. Gomez, MD 90	7:45 Registration & Continental Breakfast 8:00 Welcome and On-Time Door Prize Julio Narváez, MD 8:05 Optical Correction Following Pediatric Cataract Surgery Jennifer Dunbar, MD 8:35 To Be Announced Richard Parrish, MD 9:05 Updates on the Treatment For Macular Degeneration Joseph Fan, MD 9:35 Tube Shunt vs. Trabeculectomy Richard Parrish, MD 10:05 B R E A K 10:35 On-Time Door Prize 10:40 Glaucoma Update and Canaliculoplasty Richard Tamesis, MD 11:10 Introduction of George K. Kambara Keynote Speaker Howard V. Gimbel, MD, MPH 11:20 GEORGE K. KAMBARA LECTURESHIP Robert Stegmann, MD 12:10 LUNCH & SPONSOR EXHIBITS	8:00 Welcome & Introduction Gary D. Botimer, MD 8:15 Orthopaedic Infections Montri D. Wongworawat, MD 9:00 Discussion 9:10 Infections & Anesthesiology Gary R. Stier, MD, MBA 10:00 BREAK 10:15 Infectious Disease Processes Brian Wong, MD 10:55 Boyd Lecture Introduction Gary D. Botimer, MD 11:05 HAROLD BOYD LECTURE Guideline Development & Challenges for Prophylactic Regimen Norman A. Johanson, MD 12:05 LUNCH 1:00 Neufeld Report Michael J. Coen, MD 1:10 Fragility Fractures & Vitamin D Hype Susan L. Hall, MD, PhD, MPH 2:00 Discussion 2:10 Nutritional Aspects of Perioperative Patients Louise E. Schneider, DrPH, RD 3:00 BREAK 3:10 Evidence-based Approach Norman A. Johanson, MD 4:00 Discussion 4:10 Pending 4:50 Discussion 5:00 Neufeld Business Meeting	8:00 Stridor and the Pediatric Larynx Deidre Larrier, MD 8:35 Recurrent Respiratory Papillomatosis 2011 Mark R. Rowe, MD 9:10 Current Concepts in Minimally-Invasive Pediatric Airway Surgery Rachelle E. Wareham, MD 9:45 Update in Pediatric Laryngology Julina Ongkasuwan, MD 10:20 Pediatric Obesity-Related OSA Deidre Larrier, MD 10:55 Update in Adenotonsillectomy Techniques Mark R. Rowe, MD 11:30 OSA After TBA: Other Surgical Options T.J. O-Lee, MD 12:00 LUNCH 1:30 Endoscopic Skull Base Surgery Steven Lee, MD, PhD 2:00 Evidence-Based Treatment of Obstructive Sleep Apnea Dennis F. Chang, MD 2:30 Medical-Legal Issues and Risk Management in Sinus Surgery Thomas Still, JD 3:30 Modern Airway Manage- ment of Subglottic Stenosis John Sok, MD 4:00 Indications and Outcome of Transoral Surgery of the Larynx and Pharynx Charles Stewart, IV, MD 4:30 Adjournment	SESSION I 7:45 Registration and Continental Breakfast 8:15 Welcome, Overview, and Introduction Subhas Gupta, MD 8:30 The Evolution of the Brow- lift and Midface Lift in Aesthetic Plastic Surgery Malcolm Paul, MD 9:30 The Current Status of Cosmetic Medicine & Cosmetic Surgery/An Overview Malcolm Paul, MD 10:00 BREAK 10:15 Contemporary Upper and Lower Lid Blepharoplasty Malcolm Paul, MD 10:45 A Template for Panfacial Rejuvenation: Vector and Volume Based Procedures Malcolm Paul, MD 11:15 Radiofrequency Energy for Face and Body Contouring Malcolm Paul, MD 11:45 LUNCH & EXHIBITS
11:05	10:00 a.m. - 3:00 p.m. Technical Exhibits & Scientific Poster Session				
1:30	Plenary Session III Psychiatry: Evidence- Based Therapies and Biological Science Mary Ann Schaepper, MD, MEd 100	1:30 Canadian Perspective in Glaucoma Management Albena Dardzhikova, MD 2:00 Late Complications of Cataract Surgery Howard V Gimbel, MD 2:30 B R E A K 2:55 On-Time Door Prize 3:00 Descemet's Membrane Endothelial Keratoplasty Arthur Giebel, MD 3:30 Imaging in Glaucoma Samantha Weller, MD 3:40 Advances in Diabetic Retinopathy Mukesh Suthar, MD 4:10 To Be Announced Robert Stegman, MD 4:40 Closing Statements Julio Narváez, MD			
2:30 2:35	Plenary Session IV Innovations in Dermatology Abel Torres, MD, JD 110	2:00 - 3:00 pm MEDICAL MARRIAGES PART II (Marital Ages 28 & Up) Retirement Plans Aging Emotional Satisfaction in Retirement Loss of Spouse Alan A. Nelson, MD Claudia K. Nelson, MD			
3:35 3:40	Plenary Session V Wound Management: Evidence-based Medicine Takkin Lo, MD, MPH 120	MEDICAL MARRIAGES - PART III Women as Physicians and Mothers in Medicine Claudia K. Nelson, MD 121			
4:40					SESSION II 1:00 How to Effectively Block the Face for Filler Injections Malcolm Paul, MD 1:30 Contemporary Abdomino- plasty/Three-Dimensional Abdominal Contouring Malcolm Paul, MD Masters Panels 2:00 Facial Cosmetic Surgery Moderator: Matthew Camp, MD 2:45 Challenges in Breast and Body Contouring Moderator: Heidi Harrington, MD 3:15 Closing Remarks Subhas Gupta, MD

Monday, March 7

7:00 a.m. - 4:00 p.m. Registration — Centennial Complex, Level 4

Nutrition Symposium

7:45	7:45 - 8:00 DEVOTIONAL	
8:00	NUTRITION, LIFESTYLE AND CHRONIC DISEASE	
9:00	Update on Adventist Health Study-2 Karen Jaceldo-Siegl, DrPH, MS	130
9:05		
10:05	Obesity in Chronic Disease Serena Tonstad, MD, MPH, PhD	140
11:05	Nutritional Management After Bariatric Surgery Snorri Olafsson, MD, MPH, PhD	150
1:30	Plant Based Diets and Childhood Obesity Prevention Joan Sabate, MD, DrPH	160
2:30		
2:35	Vitamin D and Chronic Disease Dae Rheem, MD	170
3:35		
3:40	Diet and Colorectal Cancer Monica El-Masry, MD	180
4:40		

10:00 a.m. - 2:00 p.m.—**Technical Exhibits & Scientific Poster Session**—Centennial Complex, Level 4

11:30 a.m. - 1:00 p.m.—**Physician/Exhibitor Box Lunch**—Centennial Complex, Level 4

Technical Exhibits & Scientific Poster Session

10:00 - 2:00

Centennial Complex, Level 4

Technical Exhibit Drawing

12:00 noon

Centennial Complex, Level 4

A drawing of valuable prizes will be held during the technical exhibits. By obtaining signatures from participating exhibitors, you will be eligible to enter this drawing.

Physician/Exhibitor Box Lunch

11:30 - 1:00

Centennial Complex, Level 4

Physicians registered for classes on Monday may receive a complimentary ticket for a box lunch sponsored by participating technical exhibitors.

Register for the lunch on the Advance Registration Form

Banquet

6:00 p.m - Social Hour
7:00 p.m - Dinner

Ontario DoubleTree Hotel



Past & Present and Honoring the Classes of

1961

1986

2011

Register for the Banquet on the Advance Registration Form

APC Spiritual Highlights



Devotionals

*Friday, Sunday, & Monday
March 4, 6, & 7, 7:45 - 8:00 a.m.*
CENTENNIAL COMPLEX

Featuring School of Medicine student authors from the devotional book *Morning Rounds*



Friday Evening Vespers

Friday, March 4, 7:00 p.m.
LOMA LINDA UNIVERSITY CHURCH

*Cal Baptist University
Men's Chorus & Orchestra*

with Pastor Saul Barcelo
and School of Medicine Students



Church at Worship

Saturday, March 5, 9:00 & 11:45 a.m.
Church at Study: 10:30 am
LOMA LINDA UNIVERSITY CHURCH

Randy Roberts, DMin
Senior Pastor, LLU Church

Mark your calendar

APC 2012, March 2-5

*Plan to celebrate the Alumni Association's
Centennial (1915 - 2015) during APC 2012*

Fellowship Luncheon/AIMS

Saturday, March 5, 12:15 - 1:30 p.m.
AIMS Meeting Follows Luncheon
WONG KERLEE INTERNATIONAL
CONFERENCE CENTER

Alumni Association, SM
Loma Linda University
11245 Anderson St., Ste. 200
Loma Linda, CA 92354

Nonprofit
Organization
US postage
PAID
San Bernardino, CA
Permit #1279

Saturday Night Program

7:30 p.m., March 5, 2011
Loma Linda University Church

Steve Green with Larnelle Harris

present **"Teach Me to Love"**
with the 80-voice multi-faith choir
Directors: O.D. Hall, Olin Ritchey



Celebrating over 25 years of ministry...honored with four Grammy nominations, 13 No. 1 songs, and seven Dove Awards—Christian music's highest honor. A man blest with an incomparable vocal gift but who continues to be amazed at God's leading, forgiveness and grace.



"...his majestic tenor, resplendent in its power and resonant in its soulfulness, soars with the greatest voices in Christian music history..."

CCM Magazine

Ticket Information: Ticket prices are \$10, \$15, \$20, \$30, Main Floor, \$10, \$25, Balcony, or for Golden Circle tickets \$50. Golden Circle tickets include prime front center seating and a reception post-concert with the artists. All seats are reserved and non-refundable. You may register on the APC registration form in this brochure, or call (909) 558-7193 for tickets.